



(Notice No. 201802)
6 February 2018

Dear Parents,

Positive Parenting Talk – Nurturing Positive Mental Health In Teenagers

We all agree that families play a very crucial role in helping our children build positive emotions, enhance personal resilience and further strengthen their relationships. Accompanying them on their journey of growth is one of the great joys of parenthood. But we may face challenges at times, especially when our daughters reach puberty or the stage of adolescence.

To equip ourselves with more positive parenting skills, the GHS PTA has invited Dr. Fanny Lam, a specialist in developmental-behavioural paediatrics, to share with us ‘How Parents Can Help Nurture Positive Mental Development In Teenagers’. Last October, Dr Lam gave a talk on ‘How to Communicate with Teen Daughters Effectively’ to our S4-S5 parents. The feedback was very encouraging.

Details of the upcoming talk are as follows:

- Date: 2 March 2018 (Friday)
- Time: 6:30 pm (reception)
7.00 pm - 8:30 pm (talk)
- Venue: St Joseph’s Hall
- Title: How Parents Can Help Nurture Positive Mental Development in Teenage Daughters
- Speaker: Dr. Fanny Lam MBChB (CUHK), MRCP (UK), DCH (Ireland), FHKCP Paed and FHKAM (Paed)

Please return the completed reply slip to your daughter’s Class Teacher by 8 February 2018. We look forward to seeing you. Thank you very much.

Yours faithfully,

Uncle Wing
Chairperson

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REPLY SLIP

****Please circle as appropriate and return the completed reply slip to your daughter’s Class Teacher by 8 February 2018.***

I *will / will not attend the PTA Parents’ Workshop from 6:30 – 8:30 pm on 2 March 2018.

Please reserve *1 / 2 seats for me. Thank you.

Name of Student _____

Class _____()

Name of Parent _____

Mobile Phone No. _____

Signature _____